



Why write?

Research proves that writing creatively:

- ▷ Helps with all types of writing, right across the curriculum
- ▷ Builds emotional resilience and regulation
- ▷ Develops creative problem-solving skills
- ▷ Appeals to groups that find it difficult to engage with the curriculum
- ▷ Improves social, communication and critical-thinking skills
- ▷ Boosts confidence
- ▷ Cultivates pupil voice
- ▷ Supports positive destinations

'When we encouraged [learners] to really totally switch off their inner editor and just write – they were producing work that was really extraordinarily fresh and powerful because they lost all kind of inhibitions and self-consciousness.'

Cremin, T., Myhill, D., Eyres, I., & Nash, T. (2017)

'An enjoyment of writing and positive attitude towards writing is linked to higher mental wellbeing scores which take into account confidence, life and coping skills, and satisfaction.'

Clark, C., & Teravainen-Goff, A. (2018)

'Seven times as many children and young people who enjoy writing write above the expected level for their age.'

Clark, C., & Teravainen, A. (2017)



Find easy ways to support your learners to write creatively at

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