# Bookbug Session: All You Need is Love

A fun Bookbug session full of cuddles, tickles and laughter to celebrate love and bonding between little ones, their families, friends and – of course – everyone’s love of Bookbug!

## Introduction song: [The Hello Song](https://www.scottishbooktrust.com/songs-and-rhymes/the-hello-song)

**Benefits:** Familiar start – lets everyone know a Bookbug session has started.

**Tips:** Smile and use names if you know them.

## Transition song: [Heads, Shoulders, Knees and Toes](https://www.scottishbooktrust.com/songs-and-rhymes/heads-shoulders-knees-and-toes-by-the-clown-doctors)

**Benefits:** Using a familiar song will encourage grown-ups to join in. Pairing up words with movement and actions is perfect for learning vocabulary. Encourages laughter and eye contact.

**Tips:** Sing the words and demonstrate actions slowly and clearly so that children can see and ‘catch’ the words.

## Familiar rhyme: [Creeping, Creeping Goes the Little Cat](https://www.scottishbooktrust.com/songs-and-rhymes/creeping-creeping-goes-the-little-cat)

**Benefits:** A tactile song which promotes touch and closeness, as well as lots of surprise and anticipation.

**Tips:** You could encourage parents to use a scarf or ribbon in your session to pretend that it’s the cat’s tail tickling the little one. Toddlers and pre-schoolers will enjoy pretending to be cats and bunnies!

## Active rhyme: [Ickle Ockle, Bluebottle](https://www.scottishbooktrust.com/songs-and-rhymes/ickle-ockle-blue-bottle)

**Benefits:** A simple rhyme celebrating fun and friendship which works best with grow up and child or a little one and their friend!

**Tips:** Repeat but with different words e.g. ‘if you want a cuddly friend’, ‘if you want a tickly friend’.

## Song with actions: [A Leopard Has Lots of Spots](https://www.scottishbooktrust.com/songs-and-rhymes/a-leopard-has-lots-of-spots)

**Benefits:** A lovely short song with lots of opportunity for touch and tickles. Anticipation promotes eye contact and shared laughter.

**Tips:** Let parents know that this song can easily be incorporated into baby’s routine, perhaps during nappy changing or lying in crib. Toddlers might like to try the actions on a grown-up or their teddy, whilst pre-schoolers might like to move and sound like a leopard.

## Book: [Love Monster by Rachel Bright (Harper Collins)](https://harpercollins.co.uk/products/love-monster-rachel-bright?variant=32555448631374)

**Benefits:** Featuring an instantly charming main character who will appeal to children and adults alike, Love Monster is a warm and witty tale about the power of taking action.

**Tips:** Point out the expressions on Love Monster’s face and ask the children how he might be feeling. Use your own clear facial expressions to help them understand the Monster’s emotions.

## Active song: [Here We Go On Our Ponies](https://www.scottishbooktrust.com/songs-and-rhymes/here-we-go-on-our-ponies)

**Benefits:** An active song, great to get babies bouncing, toddlers wriggling and pre-schoolers moving around the room! Encourages social interaction and community.

**Tips:** At ‘Stop a moment just to say…’ encourage children and grown-ups to smile and say a big hello to everyone around them. Include noises such as ‘clip clop’ and ‘neigh’ – repeat to help toddlers join in.

## Lullaby/calming song: [Love Somebody](https://www.scottishbooktrust.com/songs-and-rhymes/love-somebody)

**Benefits:** This soothing song will make babies and children feel safe, secure and loved.

**Tips:** Encourage parents to get face to face with little ones. Babies might be rocked whilst toddlers might prefer to be gently bounced on a grown-ups lap. Repeat several times and finish by encouraging some lovely hugs.

## Final song: [The Goodbye Song](https://www.scottishbooktrust.com/songs-and-rhymes/the-goodbye-song)

**Benefits:** Brings the session to a clear end.

**Tips:** Thank all of the children and grown-ups for coming. Give them any information they need about the next session.

Please read our guide on [permission to read books aloud online](https://www.scottishbooktrust.com/reading-and-stories/bookbug/online-bookbug-sessions-recommendations-and-permissions).