**Bookbug Session: Rhymes 3 (Traditional rhymes)**

Rhymes are always great to do but especially when you’re not allowed to sing. Remember to use your hands (clapping and tapping) and voice to convey the rhythm. Rhymes are short so you can repeat them a few times and get everyone to join in. These are all traditional rhymes which you will be able to find the lyrics to online. Any lyrics we have adapted are below.

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| Activity type | Title | Benefits | Tips |
| Introduction  | Say hello & introduce session | Lets everyone know they are welcome and the session has started!  | You can do this in rhyme and clap along if you like! “*Hello, hello, it’s Bookbug time**Are you ready for lots of rhymes?**Get ready with your fingers,**Get ready with your toes**Here are some rhymes that you might know!”* |
| Clapping rhyme | Pat a Cake | Clapping rhymes promote motor skills. | You could try adding children’s names to this (e.g.pat it and prick it and mark it with C and put it in the oven for Calum and me/mark it with E and put it in the oven for Emma and me) |
| Rhyme | Pussy Cat Pussy Cat | Children learn the meaning of the words through your voice and actions | Once familiar you could have fun with older children being the pussy cat and answering your questions. Change the words to fit places children know. See examples below. |
| Action rhymes to fit in to your day (routines) | Old Mother HubbardLittle Miss MuffetLittle Jack Horner | Families find it easier to remember rhymes if they fit into a daily routine. Lots of rich vocabulary introduced.Actions help children understand the meaning of the words. |  A good one when preparing food/getting things out of the cupboard (or not!)This is a good breakfast or picnic rhyme. You could explain that curds and whey is cereal. Encourage a tickle when the spider comes along.Jack could be eating a Christmas pie, an Easter pie a yummy pie…whatever you like. Replace Jack with a child’s name.Model pretending to put your thumb in a pie and eating the plum!  |
| Bouncing rhymes | Ride a Cock -HorseTo Market To Market (to buy a fat pig) | Great rhythm for bouncing and lots of fun for children and babies!Adults can model playing and having fun with sounds.  | With older children encourage parents to bounce their wee one on their lap, faster and faster as the rhyme goes on.A good one for shopping trips – it can be adapted for different foods. See below.  |
| Story | **Each Peach Pear Plum****By Janet and Allan Ahlberg** **Puffin** | A classic rhyming story which involves children “spying” different nursery rhyme characters. Each page gives a clue as to who is going to be spied next encouraging lots of joining in. | Leave plenty time for children to fill in the rhyming word. This is a great book to share time and time again. Before you know it the children will be telling you the story. Babies love the gentle rhythm.Encourage lots of chat about the pictures or point out things they can spy in the pictures. This could lead into a game of “I spy” |
| Rhymes | Cobbler CobblerMend My Shoe | Introduces the concept of time. Position concepts also used – up and down. | Use your fingers to show the numbers. Point up then down. |
|  | Mary Mary Quite Contrary |  Old rhymes introduce rare words and enrich vocabulary. | Lots of extension activities in the outdoors could come from this. If you have bells in your setting you could jingle them on the word bells. Older children could do this too. |
| Quiet time rhymesPuppet rhyme | Mary had a Little Lamb | Quietening your voice and slowing down can soothe and calm especially when combined with the rhythm of this rhyme. | Wee babies could be rocked and gently stroked to this.Older children might enjoy you using the sheep finger puppet. |
| Final rhyme | Goodbye | Lets everyone know the session is over | Thank everyone for joining in. In rhyme if you like! *“Goodbye, goodbye we’ve said lots of rhymes**But now we’re tired and it’s Bookbug’s sleep time**Goodbye, goodbye , goodbye everyone**Thanks for joining in and making it fun!”* |

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**Pussy Cat, Pussy Cat**

Pussy cat pussy cat where have you been?

I’ve been to London to visit the queen

Pussy cat pussy cat what did you there?

I frightened a little mouse under her chair.

Pussy cat pussy cat where did you go?

I went to the west to visit Glasgow

Pussy cat pussy cat what did you there?

I frightened the pigeons away from George Square.

Pussy cat pussy cat where have you been?

I’ve been to the east to see Aberdeen

Pussy cat pussy cat what did you there?

I went to the beach for the fresh salty air.

**To Market**

To market to market to buy a fat pig

Home again, home again jiggety jig

To market to market to buy a fat hog

Home again, home again jiggety jog!

To market to market to buy some spaghetti

Home again home again jiggety jetty

To market to market to buy frozen peas

Home again home again jiggety jeez!