



Bookbug Session: Rhymes 2

Rhymes are always great to do but especially when you're not allowed to sing. Remember to use your hands (clapping and tapping) and voice to convey the rhythm. Rhymes are short so you can repeat them a few times and get everyone to join in.

Activity type	Title	Benefits	Tips
Introduction	Say hello & introduce session	Lets everyone know they are welcome and the session has started!	You can do this in rhyme and clap along if you like! <i>"Hello hello it's Bookbug time, Are you ready for lots of rhymes?"</i> <i>Get ready with your fingers, get ready with your toes</i> <i>Here are some rhymes that you might know!"</i>
Finger rhymes	This Little Piggy	Lots of positive touch and tickling in this rhyme. This encourages bonding and is lots of fun.	If children have shoes on, do it on fingers and suggest it could be done at bath time at home.
Action rhymes to fit in to your day (routines)	Way Up High in the Apple Tree	Families find it easier to remember rhymes if they fit into a daily routine.	Suggest that families look out for trees when out and about to remind them to say Way Up High In The Apple Tree. Or it could be said at meal or snack time.
	*The North Wind Doth Blow Little Miss Muffet	Actions help children understand rich vocabulary. Traditional rhymes can be good for involving grandparents.	Can the wee ones spot any birds when out and about? Or is it windy? These are good opportunities for this rhyme. Try suggesting this one at breakfast time.
Story	The Bus Is For Us by Michael Rosen & Gillian Tyler (Walker Books)	The sparse text has a strong rhyme and there's lots of repetition in this fun story which takes the reader on a ride on all sorts of transport.	See if the children can join in with the rhyming word "I like to float in a little....." and can they shout out the repeated line: "The bus is for us!"?
Counting rhymes	*Five Fat Sausages	Promotes early numeracy skills. Children love making pop and bang noises!	Remember to leave a gap before the rhyming word, to allow joining in. "One went..... pop and the other went.....bang!" Count down on your fingers in each verse.

Tickle and touch rhymes	Round and Round the Garden Creeping, Creeping Goes the Little Cat	<p>These rhymes are great for all ages.</p> <p>They both encourage positive touch and have an element of anticipation before the tickles or bounce.</p>	<p>Try it on different hands, on feet and on tummies!</p> <p>Change your pace (slow for the cat, faster for bunny) .Babies can be bounced, toddlers on laps and older children can hop like rabbits.</p>
Face to face rhymes	Chin Chin Cherry	<p>This lovely Scots rhyme encourages eye contact.</p>	<p>Model on Bookbug how parents/carers can gently stroke different parts of the face.</p>
Quiet time rhymes	Seashell	<p>Changing the pace and volume of your voice can create some calm.</p>	<p>Hold your pretend seashell up to your ear and bring a finger to your lips on “Shhh”</p>
Final rhyme	<p>Goodbye</p>	<p>Lets everyone know the session is over</p>	<p>Thank everyone for joining in. In rhyme if you like! <i>“Goodbye, goodbye, we’ve said lots of rhymes But now we’re tired and it’s Bookbug’s sleep time Goodbye, goodbye , goodbye everyone Thanks for joining in and making it fun!”</i></p>

Please read our guide on permission to read books aloud online

<https://www.scottishbooktrust.com/reading-and-stories/bookbug/online-bookbug-sessions-recommendations-and-permissions>

Words for rhymes *not* in the Song and Rhyme Library on www.scottishbooktrust.com

***The North Wind Doth Blow** (This traditional nursery rhyme has 5 verses – this is the first verse)

The north wind doth blow
And we shall have snow
And what will the robin do then, poor thing?

He'll sit in a barn, and keep himself warm
And hide his head under his wing, poor thing!

*blow
flutter fingers like snowflakes falling
make a bird action with your thumb and index
finger, or flap your arms like wings
wrap your arms around yourself
put your arm over your head*

Five Fat Sausages

Five fat sausages sizzling in a pan
One went pop and the other went bang!
Four fat sausages sizzling in a pan
One went pop and the other went bang!
Three fat sausages....etc.

*Exaggerate the sizzling sounds
Pop with your finger in your cheek or just make
the word “POP” loud
Clap your hands for “BANG”*