

Bookbug Session: Rhymes 1

Rhymes are always great to do but especially when you're not allowed to sing. Remember to use your hands (clapping and tapping) and voice to convey the rhythm. Rhymes are short so you can repeat them a few times and get everyone to join in.

Activity type	Title	Benefits	Tips
Introduction	Say hello & introduce session	Lets everyone know they are welcome and the session has started!	You can do this in rhyme and clap along if you like! <i>"Hello, hello, it's Bookbug time Are you ready for lots of rhymes? Get ready with your fingers, Get ready with your toes Here are some rhymes that you might know!"</i>
Finger rhymes	Two Little Dicky Birds Five Fat Peas	Starting familiar encourages joining in. Finger rhymes promote motor skills. Children learn the meaning of the words through your voice and actions	Once familiar, make this rhyme personal by adding children's names or different concepts (e.g. Two little dicky birds sitting on a leaf, one called Jason and the other called Keith) or bring in concepts like quiet and loud (sitting on a cloud) and fast and slow (flying down low) . Build the anticipation before the big POP at the end!
Action rhymes to fit in to your day (routines)	Rub-a-Dub-Dub Bananas Unite *Rain Rain Go Away	Families find it easier to remember rhymes if they fit into a daily routine.	You could suggest saying Rub-a-Dub Dub when washing hands or in the bath. Bananas Unite is a good rhyme for snack or mealtimes. Children love "going bananas" so show them how to do it! Add a child's name to make this more personal.
Counting rhymes	One Potato	Promotes early numeracy skills. The actions in these rhymes are lots of fun for children!	Remember to leave a gap before the rhyming word, to allow joining in. "One potato, two potato, three potato.....four"
Story	Happy To Be Me	Celebrates individuality and	Use actions to let children guess the rhymes or gently touch baby's arms, legs etc.

	By Emma Dodd (Hachette)	encourages body positivity. Children begin to learn all their body parts.	Leave a gap to let children guess what body part you're about to say and what it does.
Tickle and touch rhymes	Cross Cross , Line Line Roon About Moose	Positive touch, cuddles and tickles get the happy hormones flowing, encouraging bonding.	Build the excitement by slowing down before the tickles, children love anticipating the fun bit. Try Roon About Moose on different hands, toes and even tummies.
Quiet time rhymes	I Have a Little Spider	Quieting your voice and slowing down can soothe and calm especially when combined with the rhythm of this rhyme.	Use your spider puppet or make your hand the spider as it crawls and jumps on Bookbug.
Final rhyme	Goodbye	Lets everyone know the session is over	Thank everyone for joining in. In rhyme if you like! <i>“Goodbye, goodbye we’ve said lots of rhymes But now we’re tired and it’s Bookbug’s sleep time Goodbye, goodbye , goodbye everyone Thanks for joining in and making it fun!”</i>

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*Words for rhymes not on the Song and Rhyme Library on www.scottishbooktrust.com

Rain, Rain Go Away

Rain, rain go away, little Cara wants to play
Rain, rain go away, come again another day