



MY DATING DISASTERS DIARY
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A Girl's Guide to Dating
by
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1) Guys like girls who have perfect figures, gorgeous faces and are totally hot.

2) Guys date girls who are attractive, approachable and smile a lot.

3) OK, now I know this isn't very politically correct and I'd love to say guys love girls who are intelligent, feisty and funny but hey, there must be some reason Brad Pitt and Daniel Craig don't answer my calls.

4) Most guys prefer slim girls. Sorry but they do.

5) I said slim, not emaciated size zero freaks.

6) Given a choice between slim and neurotic or slightly overweight and normal, guys choose normal. Every time. So if you know how many calories are in half a standard sized boiled egg or a single Malteser don't share this information with him, he's not interested. Get a life.

7) Most guys prefer blondes, so if you can go blonde, do so.

8) I said if you can. If you have naturally very dark hair and skin and you go blonde you will look like you've had an awful fright. A few weeks later you will have the dreaded Pint of Guinness hairstyle. Not a good look.

9) Guys don't want to talk about diets, shopping or your exes.

10) Guys want to talk about, guess what. Yeah themselves. Try questions like, "So tell me, how often do you have to practise football, rugby, ludo, tiddlywinks (whatever) to become as good as you are?"

Remember, there are more important things than boyfriends; like family, friends and chocolate...

Not necessarily in that order.

for more information about Liz visit www.lizrettig.com